



# integrative wisdom path

PRESENTS

## ANCIENT SIBERIAN HEALING PRACTICE & the TRANSFORMATION OF CONSCIOUSNESS: LEVEL 2

Saturday, February 9th, 2008 10am-5pm and  
Sunday, February 10th, 2008 10am-4pm,  
with Dr. Elena Loboda & Dr. B. Raven Lee

For thousands of years, throughout Northern Europe and Asia (Siberia), there has existed esoteric traditions of spiritual practices based on a non-dualistic, direct experience of the world. According to the tradition of the Hyperborean lineages of knowledge found in Siberia, all phenomena in the universe manifest from the interaction of *Three Sacred Forces*: The Force of Stabilization, The Force of Transformation and The Force of Unification. A wisdom-keeper communicates with these Forces by using a Science of Images encompassing Vibration, Space and Time, activating the healing frequencies and consciousness on three levels: body, energy and mind. As we are now going through rapid and profound changes, this ancient knowledge is needed to allow people to become wisdom keepers of the universe, and to harmonize their lives with the cosmic order.

In this workshop, participants will deepen their connection to this ancient heritage and these Three Sacred Forces. The two-day presentation will review the foundational practice taught in Level I: the Force of Stabilization, and the significance of the body as a map to travel in the realms of human emotions. Level II introduces participants to the Force of Transformation, working with the conceptual-karmic root of emotions and habitual patterns. Through specific shamanic practices of shifting emotional energetic patterns, participants will learn ways to find and dissolve the vortexes of these patterns.

Location: Altadena Healing Center, 1911 N. Lake Ave, Altadena, CA 91001

Cost for both days: \$240. Limited to 25 participants.

Pre-Registration is recommended: Contact Raven Lee 626-397-1871 or [drravenlee@juno.com](mailto:drravenlee@juno.com)

Cancellation fee: \$30. No refund if less than 24 hours.

Wear comfortable clothing, bring a journal, lunch and plenty of water.

**Dr. Elena Loboda** is a wisdom keeper of ancient Veddik tradition of Northern Lineages. An M.D. in Chemistry and a Ph.D. in the field of Clinical Neurochemistry, Dr. Elena Loboda synthesizes her advanced scientific knowledge with extensive studies in Buddhist, Hindu and yogic traditions at monasteries and ashrams in the Himalayas and Tibet. She has also trained with Carlos Castaneda, Siberian shamans, Taoist and Sufi masters. Dr. Loboda has conducted independent research on the ancient knowledge of Hyperborean lineage in Russia and the Native American Shamanic heritage.

**Dr. B. Raven Lee** is a transpersonal-Jungian psychotherapist, meditation teacher, and diplomate in clinical hypnotherapy. She has been integrating Buddhist practices, dreamwork and shamanic healing with western psychology and interpersonal neurobiology in her private practice in Pasadena, CA. A Reiki Master and teacher. Dr. Lee has studied with shamans from Mexico, and utilizes alternative healing modalities such as EMDR, EFT, Breathwork, and energy movement. She is currently researching the healing principles of ancient Tibetan Bon-Buddhist meditation practices.