



integrative wisdom path

PRESENTS

ANCIENT SIBERIAN HEALING PRACTICE & the TRANSFORMATION OF CONSCIOUSNESS: LEVEL 1

Saturday, May 19th 10am-5pm and
Sunday, May 20th, 2007 10am-4pm,
with Dr. Elena Loboda & Dr. B. Raven Lee

For thousands of years, throughout Northern Europe and Asia (Siberia), there has existed esoteric traditions of spiritual practices based on a non-dualistic, direct experience of the world. According to the tradition of the Hyperborean lineages of knowledge found in Siberia, all phenomena in the universe manifest from the interaction of Three Sacred Forces: The Force of Stabilization, The Force of Transformation and The Force of Unification. A wisdom-keeper communicates with these Forces by using a Science of Images encompassing Vibration, Space and Time, activating the healing frequencies and consciousness on three levels: body, energy and mind. As we are now going through rapid and profound changes, this ancient knowledge is needed to allow people to become wisdom-keepers of the universe, and to harmonize their lives with the cosmic order.

In this workshop, participants will be introduced to an ancient heritage and to these Three Sacred Forces. The two-day presentation is a foundational practice to allow participants to reach deeper levels of purification and transformation of consciousness. This first level focuses on the body as a map to travel in the realms of human emotions, integrating science and spirituality, specialized breathing exercises, sacred meditation, visualization practices, and energy work. Participants will learn to identify the source of dysfunctional physical, energetic and emotional patterns, and techniques to balance them.

Location: Altadena Healing Center, 1911 N. Lake Ave, Altadena, CA 91001

Cost for both days: \$240. Limited to 25 participants.

Pre-Registration is recommended: Contact Raven Lee 626-397-1871 or drravenlee@juno.com

Cancellation fee: \$30. No refund if less than 24 hours.

Wear comfortable clothing, bring a journal, lunch and plenty of water.

An M.D. in Chemistry and a Ph.D. in the field of Clinical Neurochemistry, Dr. Elena Loboda synthesizes her scientific knowledge with extensive studies in Buddhist, Hindu and yogic traditions at monasteries and ashrams in the Himalayas and Tibet. She has also trained with Carlos Castaneda, Siberian shamans, Taoist and Sufi masters. Dr. Loboda has conducted independent research on the ancient knowledge of Hyperborean lineage in Russia and the Native American Shamanic heritage.

A transpersonal-Jungian psychotherapist, meditation teacher, and diplomat in clinical hypnotherapy, Dr. B. Raven Lee has been integrating Buddhist practices, dreamwork and shamanic healing with western psychology and interpersonal neurobiology in her private practice in Pasadena, CA. She has studied with shamans from Mexico, and is a Reiki Master and teacher. Dr Lee also utilizes alternative healing modalities such as EMDR, EFT, Breathwork, and energy movement. She is currently researching the healing principles of ancient Tibetan Bon-Buddhist meditation practices.