



integrative wisdom path

PRESENTS

SACRED JOURNEY TO THE ISLE OF CRYSTAL: A 14 day pilgrimage to the Celtic and Cathar Mandala in Southern France

OCTOBER 4 - 17, 2008

The Isle of Crystal, or Caer Sidi, is the sacred Celtic, Cathar, and Knights Templar archaeological site situated northwest of Nice, France. It was the seat of rituals and initiation for healing and divination practices, which originated from the Black Sea and the Asian Steppes, and continued into early Roman times encompassing the Holy Grail legend. Beginning in the 1970s, Tibetan monasteries were built on Celtic powerplaces in France and the U.K. In 1985, Tibetan lamas recognized that the mandala site could be a portal to the Celtic Annwn, the land of ancestors, or the Tibetan Shambala, if approached with the right keys. After two decades of research and synthesis, this ancient powerplace is now being reactivated, opening to those who are called to experience the healing frequencies and consciousness of the tantric union of the sacred feminine and masculine energy leading to the Body of Light.

Drawing on Celtic, Cathar, and Tibetan shamanic practices, as well as modern quantum psycho/energotherapy, Dr. B. Raven Lee and Dr. William R. Leon of CAIRN invite participants on a magical, experiential, healing tour. The program includes Celtic teachings, shamanic exercises, meditation, breathwork (pranayama), and Tibetan energy and chakra practices (tsa lung), allowing each participant to enter the mandala and learn ways to transmute negative patterns, connect to the Field of Universal Energy and cultivate the Body of Light.

Dr. William R. Leon has been immersed in the synthesis of Celtic, Cathares and Tibetan healing and Divination practices since 1970. A musician, health anthropologist, psychologist and geopolitics scholar, Dr. Leon initiated the first Tibetan Transpersonal Psychology academic seminars in Belgium and France with the late Tarab Tulku. He is the founder of CAIRN, which promotes research and healing program in Nepal.



Dr. B. Raven Lee is a transpersonal-Jungian psychotherapist, meditation teacher, and diplomate in clinical hypnotherapy. She has been integrating Buddhist practices, dreamwork and shamanic healing with western psychology, quantum energy in her practice in Pasadena, CA. A Reiki Master/teacher and mystic. Dr. Lee has studied with shamans from Mexico, and teachers from the Source, including Celtic and Tibetan lineages.

"This pilgrimage was both profound and extremely fun. Amid fantastic scenery we visited very simple places that touched the depths of my being and connected me to my past – my ancestors, my spirituality, my very soul in ways that led me into a future bright with promise. The call to become body of light in ordinary every-day life is powerfully supported through this experience."

- F. W., Pasadena, CA, USA, past participant.

All inclusive cost is 3400 Euro
Not including airfare to Nice, France.
An optional 5 day Seven Seals shamanic
retreat follows the pilgrimage.

For more information:

Contact Dr. B. Raven Lee at **626-396-1871**
or visit www.integrativewisdompath.com