



integrative wisdom path

PRESENTS

THE WAY OF THE MYSTIC SHAMAN Week 2 (Prior Training Not Required)

June 26 - July 3, 2010

Shamanism, an ancient healing tradition that is 50,000 years old, has been revived in the past three decades, and incorporated into modern era. The word 'shaman' derives from the adjective *samon*, used by the Siberian Tungus-Eveki tribe to designate a priest of their religion. It also refers to "one who sees in the dark" or "healer". The shaman, who is deeply connected to the spirits in nature, intercedes on the behalf of humans by traveling to upper, middle and lower worlds for the purpose of healing, to redeem life energy, remove negative forces, and to bring back messages from "the Void". There are many levels of shamans, ranging from healing of physical and energetic imbalances to the highest realized awareness of the Self or True Nature and the intention to attain enlightenment for the benefit of all beings. S/he cultivates and experiences divine presence, love and compassion through deep communion, meditation and prayer.

"The Way of the Mystic Shaman" integrates ancient shamanic practices with contemporary visions of holistic body-mind approaches, to create a spiritual path based on Love, Awareness and Grace, and to develop our personal energy and power through self-healing and retrieval of our natural vitality. In order to strengthen themselves as sacred vessels of the highest vibration, participants will learn practices such as Taoist Qi Gong, Hindu-Tantra meditation, Reiki, Kaballistic and Transpersonal healing exercises.

This is an intensive 5-year training program, meeting twice a year for a week-long retreat, with assignments and gatherings in between. Not required as part of the training, but highly recommended, will be special pilgrimages to power places for those who wish to deepen their consciousness. The first two years will be open to all participants, who will also be certified as Reiki practitioners. After that, it becomes a closed group, requiring a commitment for the next three years. At the end of the five years, participants will also receive certification as Reiki masters. *Week Two focuses on deepening relation to earth element, working with Double and powerplace, cleansing techniques, animal spirit healing and Reiki with trance state.*

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Liberty Advance Retreat Center, San Diego, CA

Tuition: \$850. After April 30th: \$950.

Dorm lodging and meals: \$585

Space is limited. Registration is required.

Please contact Dr. Lee at 626-396-1871 or drravenlee@gmail.com
or visit www.integrativewisdompath.com

A transpersonal-Jungian psychotherapist, meditation teacher, and board certified fellow in clinical hypnotherapy, **Dr. B. Raven Lee** has been integrating Buddhist practices, dreamwork and shamanic healing with western psychology and interpersonal neurobiology in her private practice in Pasadena, CA. She has been trained in shamanic traditions of North Asia and the Americas, and is a Reiki Master/ teacher. Dr Lee is also a certified Breathwork-Release clinician, martial artist and Qi Gong practitioner. She is currently researching the healing principles of ancient Tibetan Bon-Buddhist meditation practices, and leads pilgrimages internationally.

A graduate of University of Mexico and a professor of Hispanic Literature, **Ana Maria Gonzales**, has been teaching multidisciplinary paths of healing and spiritual development, energy management and consciousness internationally for over 25 years. In the field of shamanism, she has studied with prominent teachers such as Carlos Castenada and Carlos de Leon. She has also been trained in Tibetan schools of Dzogchen, Mahamudra, Tantric Shavism and Kaballah. Ana is also an instructor of the 7 Lotus form of Qi Gong and is a shaman-therapeutic bodyworker.